

## Az USA-ban és Canadában recept nélkül kapható megfázás elleni szerek

**New in 2010:** Pseudoephedrine is back on the Prohibited List effective January 1, 2010, prohibited in-competition only. Pseudoephedrine is a stimulant commonly found in over-the-counter cough and cold medications. Athletes are advised to consider the use of alternative permitted medications for the treatment of coughs, colds and upper respiratory infections, in consultation with a physician.

### **Prohibited**

Balminil Codeine + Decongestant + Expectorant  
Balminil Cough & Flu  
Balminil DM + Decongestant  
Balminil DM + Decongestant + Expectorant  
Benylin 1 Nighttime Cold and Flu  
Benylin DM-D  
Benylin DM-D-E, Extra Strength  
Buckley's DM  
Calmylin with Codeine  
Chest Congestion, Cough & Cold Syrup, Extra Strength  
Cold and Flu Relief Syrup  
Dayquil  
Dimetapp Cough & Congestion Liquid  
Dimetapp Daytime Cold, Extra Strength  
RatCotridin  
RatCotridin Expectorant  
Sinutab Sinus Non Drowsy  
Sudafed Cold & Cough Extra Strength  
Sudafed Cold & Flu  
Sudafed Head Cold & Sinus Extra Strength  
Total Cold and Flu, Extra Strength  
Triaminic Cold & Nighttime Cough  
Triaminic Cold and Cough  
Triaminic Cold, Cough and Fever  
Triaminic Cough and Congestion  
Triaminic Cough and Sore Throat  
Triaminic Softchews Cold and Cough  
Tylenol Cold Caplets Daytime, Extra Strength  
Tylenol Cold Caplets Nighttime, Extra Strength  
Tylenol Decongestant

### **Not Prohibited**

Balminil Codeine Night-Time + Expectorant  
Balminil DM  
Balminil DM + Expectorant  
Balminil Expectorant  
Benylin DM  
Benylin DM-E, Extra Strength

Benylin E Extra Strength  
Buckley's Congestion and Cough Cold Syrup; Extra Strength  
Contac Cold & Sore Throat, Extra Strength  
Contac Cold & Sore Throat, Nighttime Extra Strength  
Contac Complete Cough Syrup DM Expectorant  
Daytime Cold/Flu Medicine  
Delsym  
Dimetane Expectorant-C  
Dimetapp DM Cough & Cold Liquid  
Dimetapp Nighttime Cold, Extra Strength  
Dimetapp-C Syrup  
DM Cough and Cold Liquid  
DM Cough and cold syrup; Extra Strength  
Dry cough syrup  
Extra Strength Contac Cold & Sore Throat  
Histenol II  
Hycodan  
Hycomine Koffex DM  
NCitran Extra Strength Cold and Flu  
NCitran Thin Strips Cough and Cold  
NCitran Thin Strips Nighttime Cough and Cold  
NCitran, Extra Strength  
NCitrin Nighttime Extra Strength Cold and Flu Liquid  
Night time Extra Strength Contac Complete Cough, Cold and Flu  
Night time Extra Strength Contac Cold & Sore Throat  
Novahistex DH  
Ratio-Coristex DH  
Robitussin DM, Extra Strength  
Robitussin, Extra Strength  
Triaminic Cough and Sore Throat Softchews  
Triaminic Nighttime Cough and Cold  
Tylenol Cold and Flu Daytime  
Tylenol Cold and Flu Nighttime  
Tylenol Cold, Regular Strength  
Tylenol Cough